



# Fundamental Gestural concepts using the Saito Method

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Relative to the beat point

- locate the gesture in the field of beat
- determine when and where the gesture will begin
- determine when and where the gesture will end
- if the before-point motion will accelerate. determine the rate
- if the after-point motion will decelerate. determine the rate
- decide how the second gesture will be connected to the first

Using an into-point motion the gesture involves -

- location at onset
- path of motion
- greatest speed
- path of after-point motion
- location of secondary point
- initial speed
- rate of acceleration
- location of beat point
- rate of deceleration
- final speed

<h3>Into-point gestures</h3>	<h3>Intermediate preparatory gestures (From-point gestures)</h3>
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### Preparatory motion exercise

M.M.circa ♩ = 76

*mf*

### Dynamic exercise

M.M.circa ♩ = 76

*f p f p f*